

## VOYA FACIALS RELAX AND REVIVE

VOYA's organic treatments are especially recommended for those who are over worked, stressed or simply seeking an effective natural detoxifying process for the skin. VOYA will delight and relax the soul while enhancing the mind and body.

### • Anti-Aging Restorative Facial ..... €60

Suitable for all skin types, although of particular benefit to mature, dry or dehydrated skin. A highly restorative facial designed using a combination of VOYA's organic seaweed with pro-collagen extracts and anti-oxidant ingredients. This facial helps fight the signs of visible aging, reducing fine lines and wrinkles and hydrating delicate skin. The result is instantly firmed and tightened skin, with a natural radiant glow.

### • Illuminating facial ..... €65

This incredible Organic Illuminating facial is deeply detoxifying and will brightening the skin, help to even out the skin tone and increase clarity, leaving the skin silky, smooth, soft and radiant. This facial incorporates a pressure point facial massage, targeting the deeper muscles in the face to release any build up of toxins, to improve radiance and induce relaxation. Great to prep your skin before your big day.

### • Organic Seaweed Marine Eye Treatment ..... €45

Organic Laminaria digitata Seaweed eye patches are an ultimate treat for refreshing and rejuvenating tired eyes. The Seaweed Marine Eye treatment combines relaxing and decongesting lymphatic massage movements with specialised products for individual concerns of aging which appear around the eye.

### • Organic Balancing Facial ..... €65

This facial is for oily and combination skin, the seaweed naturally cleanses and purifies your skin, helping to improve its suppleness and elasticity. The seaweed is full of vitamin A, C and E and amino acids, functioning to naturally balance the skins moisture and reduce redness and blemishes.

### • Organic Deluxe Facial Experience ..... €80

This is the creme de la creme of all the facials. The double action masks of mermaids purse and the seaweed leaves aim to detox and nourish even the most troubled dry skin. It helps alleviate fine lines and wrinkles.

## Mums to be Treatments – Perfect during Pregnancy

We have a range of treatments for mums to be to keep prenatal and postnatal skin looking and feeling blooming beautiful. Created especially for all Mums to Be, these wellbeing rituals will care for the bump & body throughout pregnancy & beyond.

### VOYA Organic Precious Moments ..... 55 mins €60

This treatment is tailored specially to Mum & her growing bump. Enjoy a relaxing Face, Hand & Arm Massage, while your bump is enveloped in a special mask that helps prevent stretch marks & your feet are wrapped up to soothe away those aches and pains.

### Organic Prenatal Voyager ..... 90 mins €90

Enjoy this Full body ritual treatment that includes a full body exfoliation, helping to gently buff the skin. Then relax with a top to toe Body, Face & Scalp Massage. Its designed to nourish, minimize stretch marks and soothe dry itchy skin. Melt away any aches & pains associated with pregnancy.

### Voya Pregnancy Back Massage ..... 45 mins €35

Ease away all your aches and pains in your back with this tailored made back massage. Ever pregnancy is different so we will tailor each massage to suit the client. If its stiff shoulders or lower back pain we will reduce and relieve any aches you have. This treatment also includes a head and neck massage.

Tues & Wed: 10 – 6 • Thurs & Fri: 10 – 7 • Sat: 10 – 5

Out of hours appointments available 

\* 24hr patch test required before waxing and tinting

## BIOLINE FACIALS

Bioline Jato is an Italian company that has worked for Beauty since 1979. All products work deep into the skin layers for instant results and last longer and are clinically proven, this means that it is a brilliant and effective alternative to cosmetic surgery, the visible, profound and long lasting results of the exclusive Bioline method, possible thanks to the extraordinary combination of effective treatments and specific massages.

### • Bioline Primaluce Exforadince ..... €75

Cosmetic peeling using AHAs and PHAs. PHAs help Hydrate while the AHA's exfoliate. A multi-targeted line, recommended for all age brackets, tailor made to suit different skin types and needs. Cosmetic peel without downtime i.e. No flaking of the skin. It optimises cell turnover and slows down skin aging. Fantastic for ache skin and premature skin.

### • Bioline Lifting Code ..... €95

Inspired by nature, developed by science. Giving cosmetic lift and redefining features using a biorevitalizing diffusion filling formula. It enhances the face and neck contours with a visible tightening effect for the whole face. Botox without the needles.

## BODY TREATMENTS

Doterra Oils:

### AromaTouch ..... Technique 1 hour €60

The AromaTouch Technique is an essential oil application to the back and feet. This technique combines the unique benefits of human touch with the power of 8 essential oils to create an overall wellness experience. Each essential oil in the AromaTouch Technique was selected for its individual aromatic properties, and for their aromatic properties when combined. The overall scent of the AromaTouch Technique is soothing, light, and pleasant to the senses. Enjoy a grounding finish to your massage that is intended to reduce your stress and promote relaxation from within.

### Back massage ..... €35 / 45 mins

Our Swedish Massage uses deep massaging techniques to ease and alleviate tension and stress. Fantastic if you suffer from upper or lower back pain.

### Full Body Massage ..... €65 / 1 hr

Deep Tissue Massage uses trigger point techniques to relax and release tension from tired overused muscles.

### Minimi Wrap ..... €60 / 1 hr (6 treatments €300)

MINIMI is a fat burning treatment that works by lipolysis. Lipolysis offers pain-free slimming and breaks down inside the actual fat cells where triglycerides are changed to free fatty acid so they can be excreted in tissue fluid and further transported to the lymph vessels. The great thing about MINIMI is the serum begins to work after the first 60 min treatment and continues to burn fats for up to 72 hrs after. This treatment is a fantastic way to start off or combine with any weight/ inch loss programme as once these cells are broken down they cannot return, new fat cells have to be formed.

### Indian head massage ..... €35 / 40mins

An ancient practice incorporating acupressure points and massage of the upper back, shoulders, neck, head and face. Excellent for the treatment of migraines, headaches and stress. An Indian Head Massage will energize your mind and allow tension to slip away. Relaxing tight muscles in the shoulders, neck, head and scalp, areas that carry a lot of tension.



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Ear candeling ..... €45 / 45min

Specially made candles are placed in the ear and then set alight. The heat of the candle creates a vacuum-effect which lifts ear wax and other debris into the cone of the candle. The treatment was devised to rebalance pressure between the ear, nose and throat. The treatment can alleviate conditions including sinus, sore throats, hay-fever, rhinitis and asthma. Practitioners of 'new age' treatments have deemed it the perfect medicinal ceremony for clearing negative energies from the head and using the treatment as an 'aura restorer'.

Reflexology ..... €45 / 1 hr

Reflexology is the holistic understanding, study and practice of treating points and areas in the feet that relate to corresponding parts of the body. Using precise hand and finger techniques reflexology will improve circulation, induce relaxation and enable homeostasis. This encourages the person's own healing systems to be activated to maintain wellbeing.

## WAXING

Waxperts Wax - The most flexible and effective wax you will ever feel on your skin. Suitable for even the most sensitive skin to achieve a smooth, pain free, easy wax with little to no redness afterwards.

Lip/Chin .....	€9	Brow shape .....	€10
Half Leg .....	€18	Lash tint .....	€15
Full Leg .....	€33	Brow tint .....	€8
Underarm .....	€15	Brow & Lash tint and shape .....	€26
Brow, Lip & Chin .....	€22	Bikini basic .....	€18
Chest .....	€20	Californian .....	€25
Back .....	€30	Brazilian .....	€40
Full Arm .....	€20	Hollywood .....	€50
Half Arm .....	€15		

## NAILS - JESSICA COSMETICS

Jessica file and polish/french .....	€15 / €20
Jessica manicure/ mini mani .....	€35 / €25
Jessica pedicure/ mini pedicure .....	€50 / €30
Jessica gelation nails 3 week manicure (removal €5) .....	€25

## SPRAY TANS

Liquid Gold  
White to Brown  
Vita Liberata  
Bellamianta tan

Full Body .....	€30
Half Body .....	€20
Rapid 3 hour Tan. Can shower off after 3 hours. No more sleeping in your tan.	

## MAKE UP

Make up application/with lashes .....	€30 / €35
Make up lesson .....	€45 (Group Special)
Full Set of Cluster lashes .....	€18
Strip lashes .....	€15
Lash Lift & Botox .....	€55



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